# BASARA EDUCATIONAL AND WELFARE SOCIETY ANNUAL REPORT 2024-2025



" Empowering Lives, Building Futures"

TABLE OF CONTENTS				
Index	Heading	Page Number		
1	Executive Summary	3		
2	Introduction	3		
3	Our Vision	3		
4	Our Mission	3		
5	Objectives	3		
6	Health Checkup Campaigns	6		
7	Blanket Donation Camps	7		
8	Hand Hygiene and Menstrual Hygiene Awareness for Children in Schools and Slums, Bihar	10		
9	HIV/AIDS Intervention Report among Migrant Populations	12		
9	Impact and Achievements	15		
10	Financial Overview	15		
11	Glimpse of Media Coverage	16		
12	Looking Ahead: Our Vision for 2025 and Beyond	16		
13	Acknowledgements	17		
14	Contact Us	17		

#### **Executive Summary**

Basara Educational and Welfare Society (BEWS) continues to drive change in Bihar's most underserved communities. In 2024–2025, our work focused on critical health services, awareness campaigns, and seasonal aid distribution — all aimed at improving everyday lives.

We organized five blanket and saree distribution camps, reaching over 1,800 beneficiaries, ensuring warmth and dignity through harsh winters. Our seven health check-up camps identified 202 individuals with diabetes and 268 with high blood pressure, allowing for timely referrals and early treatment.

In addition, we expanded awareness around HIV/AIDS prevention and supported the preservation of archaeological heritage sites, including raising interest around the historic Bhagwan Buddha Stupa. Every initiative this year was a step forward in our mission to empower, educate, and uplift.

#### Introduction

Founded in May 2021, Basara Educational and Welfare Society is committed to building healthier, more empowered communities across Bihar. Our focus areas — health, education, and social empowerment — are driven by the needs of the most vulnerable.

From slum settlements to rural villages, our team works directly with people on the ground, delivering practical support and long-term impact. Guided by a hands-on, community-first approach, BEWS is creating meaningful change where it's needed most — not just through aid, but by fostering resilience and self-reliance.

#### **Our Vision**

Our vision is to engage more people in the fight for better Life, education & Health of needy people & women empowerment.

#### **Our Mission**

Our mission is to enhance quality of life for all and create lasting solutions to poverty, hunger, and social injustice. To provide support build capacity and integrate individuals into main stream society who have traditionally been suppressed personal, social, economic, and political domains.

#### **Objectives**

To support its vision and mission BEWS has considerable objectives which are as follows:

- 1. To open a college to revive the dreams that were sacrificed due to a lack of money
- 2. To promote education, awareness, skills, and IT by establishing educational institutions, centres, hostels, and vocational training programs.
- 3. To empower women to face harsh realities and counter-violence within the home and society through education, self-help, cooperatives, networking, and access to rights.
- 4. To reduce poverty by improving the economic status of individuals through incomegenerating activities.

- 5. To empower youth and adolescents by providing vocational and skill development training for sustainable livelihoods and employment.
- 6. To rehabilitate child labourers and educate children about their rights.
- 7. To improve the health status of communities through medical camps, health education, and awareness programs for underprivileged populations in remote villages.
- 8. To eradicate illiteracy.
- 9. To promote gender equality.

The Basara Educational and Welfare Society has expertise in many areas of activity that give wings to its vision and mission.

- 1. Women's Awareness Programme: This program aims to educate women about their rights, health, and opportunities.
- 2. Cultural Programme: Under this program, events and activities are organized to preserve and promote cultural heritage, fostering community spirit and cultural pride.
- 3. Women's Empowerment: This program focuses on providing women with the skills, education, and resources needed to achieve economic and social independence.
- 4. Training Programme & Workshops: Practical sessions and courses that equip participants with specific skills and knowledge for personal and professional development.
- 5. Seminars & Conventions: These events focus on community development and individual growth.
- 6. Medical and Awareness Camps: These camps focus on providing communities with health practices and disease prevention, especially in underserved areas.
- 7. Youth Empowerment: This program aims to equip youth with the skills, confidence, and opportunities needed to become active, responsible members of society.



**Basara Educational and Welfare Society** remains committed to empowering underprivileged communities through holistic development. This report highlights our key initiatives and the impact achieved during the year 2024–2025.



Dr. Parmeshwar Ojha
Director and Secretary, Basra
Educational And Welfare
Society

#### Message from Director and Secretary of BEWS

When we began our journey in 2021, Basara Educational and Welfare Society was fueled by a simple but powerful belief — that every person, regardless of their circumstances, deserves dignity, opportunity, and support. Four years later, that belief remains our compass. What has changed is the depth and reach of our work.

In these past years, we've stood with women striving to claim their independence, bringing empowerment programs that helped them develop skills, earn incomes, and build confidence. We've reached schools and slums with hygiene awareness, teaching children the basics of hand and menstrual hygiene — not just information, but a foundation for healthier lives.

We've walked into the most vulnerable communities in Bihar during the hardest seasons — distributing dry ration kits during the monsoons, and bringing warmth through blankets and winter clothes during the biting cold. We've organized medical health camps and HIV awareness programs, reaching thousands with care, information, and hope.

Every step has been a shared effort — a collaboration of will, heart, and action. To every partner, supporter, and volunteer who stood by us: thank you. Your belief in our mission has turned possibility into progress.

We still have a long way to go. But today, we move forward with stronger hands, deeper roots, and a clearer vision. We are not just responding to needs — we are building resilience, community by community.

Together, we are changing lives.

#### **Health Check-up Camps: Early Detection, Timely Care**

In 2024–2025, Basara Educational and Welfare Society prioritized early detection of chronic illnesses by organizing **seven free health check-up camps** across Muzaffarpur, East Champaran, West Champaran, and Vaishali districts. These camps provided screenings for diabetes and high blood pressure, benefiting **1,995 individuals** from underserved communities.

Out of these, **202** individuals were diagnosed with diabetes, and **268** with high blood pressure, allowing for crucial early intervention. An additional **1,525** patients with various other ailments also received medical attention, and **1,605** units of prescribed medication were distributed free of cost. These camps were conducted in collaboration with local healthcare professionals, ensuring accessible, and high-quality care for those who need it most.

Ramvati Devi, 52,Baidyanathpur, Muzaffarpur

"I never knew I had high blood pressure until the camp came to our village. The doctors explained everything so kindly and gave me medicine right away. I feel better now, and I know how to take care of myself. If Basara Society hadn't come, I would've kept suffering in silence."

— Ramvati Devi, 52, Baidyanathpur, Muzaffarpur



#### Details of Health Checkup Camps: Total Number of Health Checkup Camps: 7

S. No	Date	Place	No. of Patients Attended	Number of Drugs Distributed	Diabetic	High Blood Pressure	Other Diseases
1	15-06- 2024	Sahebganj Bazaar, Muzaffarpur	295	235	30	42	223
2	20-07- 2024	Kesariya Chowk, East Champaran	360	300	35	48	277
3	18-08- 2024	Government School, Manain, West Champaran	265	210	27	34	204
4	14-09- 2024	Baidyanathpur, Sahebganj, Muzaffarpur	310	260	33	38	239
5	6-10- 2024	Rajkiya Madhyamik Vidyalaya, Sahadulepuj, Muzaffarpur	220	160	22	29	169
6	23-11- 2024	Prabhu Sadan, Basara Shukl, Saraiya, Muzaffarpur	285	230	29	41	215
7	12-01- 2025	Dhanpura, Saraiya, Muzaffarpur	260	210	26	36	198
		<b>Grand Total</b>	1,995	1,605	202	268	1,525

## Blanket Donation Camps 2024–2025 Spreading Warmth, Restoring Dignity

Winter is unforgiving for families who cannot afford even the most basic protection against the cold. To combat this seasonal hardship, **Basara Educational and Welfare Society** organized **five major blanket donation camps** across some of the coldest and most underserved areas of Bihar in the winter of **2024–2025**.

These camps provided warm blankets, sarees, shawls, and chadars to nearly 1,800 individuals, including daily wage laborers, elderly residents, women, and children from marginalized communities. The relief brought not just physical comfort but also a sense of being seen and supported.

Each camp was organized in coordination with local authorities and community leaders, ensuring the aid reached those most in need. Our volunteers worked tirelessly to distribute the items with care, compassion, and dignity.

## WINTER RELIEF BY THE NUMBERS



1,700 BLANKETS



5 CAMPS
ACROSS 4
DISTRICTS

270 SAREES

880

1,800
LIVES
TOUCHED

880 SHAWLS

"When people are warm, they sleep better. They work better. They feel less forgotten." – **BEWS** 

#### **COMPASSION IN ACTION**

BASARA EDUCATIONAL AND WELFARE SOCIETY WINTER 2024-2025

— Shambhu Yadav, 38, Kesariya, East Champaran "In the coldest months, these blankets were a blessing. We sleep without fear of the night chill now. For families like ours who have nothing extra, even one warm blanket makes a big difference. Thank you to everyone at Basara for not forgetting us."

— Shambhu Yadav, 38, Kesariya, East Champaran

#### **Details of Blanket Donation Camps**

**Total Number of Camps: 5 Total Beneficiaries: ~1,800** 

S. No.	Date	Place	Blankets	Sarees	Shawls	Chadars
1	05-12- 2024	Mushhar Tola, Sahebganj, Muzaffarpur	300	120	150	150
2	14-12- 2024	Navtolia, Kesariya, East Champaran	350	0	200	200
3	23-12- 2024	Belakanti Dharhara, Muzaffarpur	400	100	200	200
4	06-01- 2025	Dhanpura, Saraiya, Muzaffarpur	300	0	150	150
5	15-01- 2025	Primary School Ground, Narkatiaganj, Champaran	350	50	180	180
		Grand Total	1,700	270	880	880

This year's effort reflects our commitment to not just seasonal aid, but **dignified support**. When people are warm, they sleep better, they work better, and they feel less forgotten.

**Basara Educational and Welfare Society** remains devoted to protecting the most vulnerable — not only from the elements, but from neglect.

## Hand Hygiene and Menstrual Hygiene Awareness for Children in Schools and Slums, Bihar

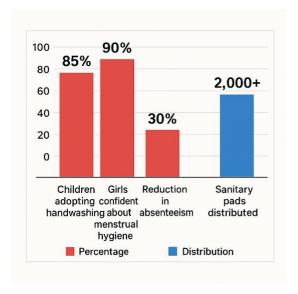
In the fiscal year 2024-2025, Basara Educational and Welfare Society successfully implemented a comprehensive Hand Hygiene and Menstrual Hygiene program targeting children in underprivileged schools and slum communities across Bihar. Recognizing the critical role that hygiene plays in improving health outcomes and empowering young girls, this program was designed to create sustainable awareness and behavioral change among the most vulnerable populations.



#### **Program Reach and Impact:**

Approximately **2,500 children**—boys and girls aged 8 to 16 years—benefited from interactive sessions combining practical demonstrations, educational talks, and distribution of hygiene kits. Key highlights include:

- **85% of participants** adopted regular handwashing with soap after the sessions.
- 90% of adolescent girls reported improved knowledge and confidence about menstrual hygiene management.
- Distribution of over 2,000 sanitary pads helped reduce absenteeism during menstruation by an estimated 30%.
- More than 100 teachers and community members were engaged as champions to reinforce hygiene practices.



#### **Key Achievements:**

- **Behavioral Change:** The program led to a measurable decrease in hygiene-related illnesses among participating children, contributing to better school attendance and overall health.
- **Empowerment through Knowledge:** Girls gained the confidence to discuss menstrual health openly, breaking deep-rooted social stigmas and fostering a supportive school environment.
- **Community Engagement:** Active involvement of parents and local leaders helped create a sustained ecosystem for healthy habits beyond the program duration.

#### Voices from the Field:

"Before this program, many girls missed school during their periods out of fear and shame. Now, with better knowledge and access to sanitary pads, they attend regularly and participate actively," shares a school teacher from one of the slum schools.



#### **Recommendations and Next Steps:**

- **Expand Coverage:** Scale up the program to reach more schools and slum communities, targeting at least 5,000 children in the next year.
- Infrastructure Support: Collaborate with local authorities to improve water,
- sanitation, and hygiene (WASH) facilities in schools to ensure sustained behavior change.
- **Capacity Building:** Train more community health workers and teachers as peer educators to widen outreach and impact.
- **Monitoring and Evaluation:** Implement regular follow-ups and impact assessments to refine the program and demonstrate long-term benefits.

Basara Educational and Welfare Society is deeply committed to nurturing a healthier and more empowered generation by sustaining and expanding its hygiene education initiatives across Bihar.





## HIV/AIDS Awareness and Intervention Report Basara Educational and Welfare Society (BEWS)

Empowering Vulnerable Communities through Education, Prevention & Support

#### 1. Introduction

In 2024–2025, Basara Educational and Welfare Society (BEWS) continued its mission to address the HIV/AIDS epidemic among vulnerable and marginalized communities in Bihar. Through an integrated, community-led approach, BEWS focused on awareness, prevention, testing, and psychosocial support. This report presents the year's key interventions, outcomes, and future directions for sustaining impact.

#### 2. Project Objectives

- Enhance awareness on HIV transmission, prevention, and treatment among at-risk populations.
- Promote regular HIV testing and early diagnosis through accessible and confidential services.
- Reduce stigma and discrimination in healthcare and community settings.
- Strengthen community engagement by empowering peer educators and support groups.
- Link PLHIV to care, ART, and support services to ensure continuity of treatment.

#### 3. Target Populations

The program strategically reached individuals at higher risk of HIV transmission, including:

- Female and male sex workers
- Men who have sex with men (MSM)
- People who inject drugs (PWID)
- Transgender persons
- Adolescent and young adults in vulnerable contexts
- Migrant laborers and mobile populations
- People living with HIV (PLHIV) and their partners

#### 4. Key Interventions and Activities

a) Community Education and Awareness

#### • Workshops and Street Campaigns:

- Conducted in slum areas, red-light zones, bus terminals, and community centers.
- Focused on HIV basics, modes of transmission, condom use, PrEP awareness, and testing services.

#### IEC Materials and Media Outreach:

- o Distributed over 10,000 pamphlets and posters in Hindi and local dialects.
- Launched a social media campaign titled "Know HIV, No HIV" targeting youth and MSM audiences.

 Partnered with two FM radio stations to run weekly awareness messages and survivor stories.

#### b) Mobile HIV Testing and Counseling

- Operated monthly mobile testing vans in 3 districts, offering:
  - o Free, confidential testing and counseling.
  - Referral and escort services to ART centers.
  - o Pre- and post-test counseling with trained counselors.
- Introduced **evening and weekend testing hours** to accommodate working populations and sex workers.

#### c) Condom Distribution and Demonstration

- Distributed approx. 50,000 male and female condoms across target zones.
- Conducted live demonstrations (with anatomical models) on correct condom use.
- Created "condom corners" in partnering local clinics and pan shops for discreet access.

#### d) Peer Education and Community Mobilization

- Trained 22 peer educators from MSM, transgender, and sex worker communities.
- Peer educators conducted **one-on-one sessions**, group discussions, and referrals.
- Organized community mobilization events on World AIDS Day and National Youth Day.

#### e) Support for PLHIV

- Established 4 community-led support groups offering:
  - Psychosocial counseling
  - o Nutrition and ART adherence education
  - Linkages to government welfare schemes (e.g., ration cards, pensions)
- Started "Positive Champions" storytelling sessions, allowing PLHIV to share experiences and fight stigma.

#### 5. Achievements and Impact

Indicator	Achievement	
Individuals reached through IEC	18,750+	
HIV tests conducted	3,200+	
New HIV-positive cases linked to ART	120	
Peer education sessions held	275	
Support group members (PLHIV)	95 active participants	
Condoms distributed	50,000+	
Healthcare staff trained	40	

#### 6. Challenges Encountered

- **Persistent Stigma:** Many individuals, especially MSM and transgender persons, remained hesitant to attend workshops or testing camps due to fear of exposure or ridicule.
- **Resource Constraints:** Mobile clinics were sometimes delayed due to vehicle maintenance issues and limited testing kits.
- **Limited Healthcare Infrastructure:** ART centers remained overburdened, causing delays in treatment initiation.
- **Cultural Sensitivities:** Discussions around sex, especially with youth and women, met resistance in rural areas.

#### 7. Lessons Learned

- Involving peer educators significantly increases trust and engagement.
- Evening testing hours are effective for populations like sex workers and laborers.
- Digital platforms are increasingly relevant for awareness among urban youth.

#### 8. Recommendations for 2025-2026

- Expand Digital Outreach:
  - Launch short videos, reels, and WhatsApp campaigns tailored for youth and semi-literate populations.
- Strengthen Health System Linkages:
  - Create formal MoUs with local PHCs and district hospitals for faster ART access.
- Increase Coverage:
  - Add new mobile clinic routes in hard-to-reach areas, including tribal belts.
- Capacity Building:
  - o Train ASHAs and ANMs on HIV stigma reduction and referral pathways.
- Targeted Advocacy:
  - Work with local panchayats and religious leaders to normalize conversations around HIV/AIDS.

#### 9. Conclusion

The 2024–2025 campaign by Basara Educational and Welfare Society marked significant progress in HIV prevention and care, particularly by expanding outreach, improving service access, and reducing stigma. However, sustained efforts, funding, and multisectoral collaboration will be essential in reaching the goal of zero new HIV infections and ensuring a dignified life for those living with HIV.

#### **Impact and Achievements**

In 2024–2025, **Basara Educational and Welfare Society** continued to be a catalyst for dignity, health, and empowerment in underprivileged communities across Bihar. Our programs addressed critical issues ranging from seasonal hardship to chronic illness, hygiene education, and disease prevention. Each initiative was driven by our belief that real change begins with compassion and community engagement.

#### **Overall Impact**

#### Healthier Communities

Through **seven free health camps**, we screened nearly **2,000 individuals**, identifying hundreds with diabetes and high blood pressure. Early detection enabled timely medical support, reducing long-term risks and improving quality of life.

#### • Hygiene as a Human Right

Our **Hand Hygiene and Menstrual Hygiene Awareness Programs** reached over **2,500 children and adolescents** in schools and slum areas. With education, dignity kits, and interactive sessions, we equipped young girls with the knowledge and tools to manage menstrual health safely — breaking stigma and fostering confidence.

#### HIV/AIDS Awareness and Prevention

In collaboration with healthcare workers and local educators, we conducted **HIV/AIDS awareness drives** that educated hundreds about transmission, testing, and prevention. These efforts are vital in curbing misinformation and encouraging health-seeking behavior.

#### Compassion in Action

Through **blanket distribution camps**, we provided over **1,800 individuals** with warm blankets, sarees, shawls, and chadars — ensuring comfort and dignity during harsh winter months.

#### Empowering the Underserved

Every project—from health to hygiene—aimed not only to serve, but to **empower**. By addressing root causes, we supported communities in becoming healthier, stronger, and more self-reliant.

#### A Positive Force for Change

Our presence is felt in classrooms, clinics, and homes—wherever hope is needed most. With every camp and every conversation, BEWS continues to light a path toward equity, health, and human dignity.

#### **Financial Overview**

	Income	
Revenue from Operations	₹	7,50,051.00
Other Income	₹	562.00
Total	₹	7,50,613.00

Expenditure			
Total Expenses	₹ 7,26,083.69		
Net Surplus Over Expenditure	₹ 24529.31		
Total	₹7,50,613.00		

#### **Glimpse of Media Coverage**

#### https://bewsindia.com/bews/gallery

In 2024–2025, Basara Educational and Welfare Society's initiatives continued to receive positive media coverage, shining a light on the pressing issues faced by underprivileged communities in Bihar and rallying greater public awareness and support for our mission.



#### **Looking Ahead: Our Vision for 2025 and Beyond**

As we build on the momentum of our past achievements, **Basara Educational and Welfare Society** is committed to deepening our impact and reaching even more lives in the coming year. With compassion as our foundation and community needs as our guide, we are preparing to launch and expand several key initiatives:

#### 1. Feeding Hope

Delivering **dry ration kits** to families in flood-affected regions of Bihar — ensuring food security during times of crisis.

#### 2. Palliative Care for Cancer Patients

Introducing comprehensive palliative care services including OPD, IPD, and home-based care for terminally ill cancer patients, with dignity and compassion at the core.

#### 3. Cancer Care Navigation Program

Launching a **Government Facilitation Program** to support cancer patients in accessing affordable treatment and assistance across major cancer centers in Bihar.

#### 4. Continuing Life-Saving Outreach

Scaling up our **health check-up** and **blanket distribution camps**, reaching more remote and vulnerable populations with essential care and seasonal relief.

### 5. Expanding Health Awareness Programs strengthening our initiatives on HIV/AIDS awareness, hand hygiene, and menstrual health

**education** across schools and urban slums — empowering the next generation with knowledge and confidence.

Leveraging Government Partnerships
 Actively pursuing opportunities through government projects, RFPs, and EOIs aligned with our mission, to scale our work and drive sustainable impact.

#### **Acknowledgements**

We extend our heartfelt gratitude to every **donor, volunteer, partner, and supporter** who stood by us in 2024–2025. Your trust and generosity made it possible for us to reach the most vulnerable, respond in times of need, and drive meaningful, lasting change.

Because of you, blankets reached shivering families, health camps caught silent illnesses early, and thousands of children learned to care for their bodies with dignity. You are the strength behind our mission — and the reason hope continues to grow in the communities we serve.

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